



PARADISE WARRIOR RETREAT CENTER

IN COOPERATION WITH



DISCOVER THE WARRIOR SPIRIT IN YOU

FOR IMMEDIATE RELEASE

PARADISE WARRIOR RETREAT RETURNS WITH UNPRECEDENTED TRAINING AND SPEAKING SEMINARS ON NOVEMBER 7TH AND 8TH IN CHICAGO.

MMA Fighters Fedor, Mousasi, Arlovski, Babalu, Werdum and MMA Trainers Tomkins, Miletich, Bormet, Mango part of the PWR All Star Weekend in Chicago.

CHICAGO, IL (October 22, 2009)- Paradise Warrior Retreat (PWR), in cooperation with M-1 Global, announced today its 14th celebrity-filled retreat to be held on November 7th and 8th in Chicago, Illinois. PWR 14 will take place around the historic Strikeforce/M-1 Global Fedor vs. Rogers show at Sears Centre Arena in Chicago, Illinois.

While millions of viewers watch the historic Fedor vs. Rogers show on CBS television and live at the Sears Centre Arena, PWR 14 participants will experience an exciting weekend of meeting and learning from legendary fighters and elite trainers from the sport of MMA. On Saturday, November 7th, former World Champion fighters Andrei Arlovski and Renato "Babalu" Sobral along with world class trainers Shawn Tomkins (Extreme Couture), Pat Miletich (Miletich Fighting System), Sean Bormet (Overtime School of Wrestling), and Dr. Doug Mango (Team Curran) will take PWR participants through a fantasy course of MMA instruction and exhibition at Team Curran Gym in Crystal Lake, Illinois. Then on Sunday, November 8th, PWR will host a revolutionary luncheon at the Marriott in Hoffman Estates, Illinois entitled "The Morning After," featuring an inside look into the mind of the fighter as Fedor Emelianenko, Gegard Mousasi, Fabricio Werdum, and other fighters from the November 7th Strikeforce/M-1 Global show offer an in depth analysis and discussion of their fights from the preceding evening. Following the Sunday seminar, PWR fighters and trainers will host a Meet and Greet, offering PWR participants a chance to get a picture and autograph from their favorite MMA stars. Specials guests from the world of MMA will also appear.

Daily spectator passes to PWR 14 start at \$50. Daily participant passes to PWR 14 start at \$200. Weekend packages including a \$100 ticket to the Strikeforce/M-1 Global Fedor vs. Rogers show, lunch, and passes to the Official Fedor vs. Rogers After Party are \$500. Space is limited to 80 participants and spectators. For more information and reservations to this once-in-a-lifetime opportunity, log on to www.paradisewarriorretreat.com or call 1-888-PWR-1001 or (818) 822-3003. Fighter and trainer appearances are subject to change.

About Paradise Warrior Retreat

Part fantasy camp, part training seminar, the Paradise Warrior Retreat has been hosting training and lifestyle seminars since their first PWR in May of 2004 overlooking the beach in Malibu, California. PWR has featured among its instructors some of the top fighters in the MMA world, including Chuck Liddell, BJ Penn, Matt Serra, Dan Henderson, Cung Le, Renato "Babalu" Sobral, Stephen Bonner, Kevin Randleman as well as the world's best MMA trainers, including Greg Jackson, Bas Rutten, Shawn Tomkins, Mark Dellagrotte, Pat Miletich, Ricardo Liboria, and many more.

The Paradise Warrior Retreat is unlike any other seminar or training facility in the world. It is the only place where participants can train, observe, eat, and interact in a friendly and inviting environment with the greatest fighters and trainers in the sport of MMA. No previous experience is necessary to take part in the PWR. PWR is open to everyone from aspiring MMA fighters to weekend warriors to casual fight fans simply looking to be around their MMA heroes.

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PWR CENTER

www.paradisewarriorretreat.com

1-877-pwr-1001

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